“If you want to explore cutting-edge understandings from counseling, neuroscience and spirituality on how to help ALL human beings access mental health regardless of what they have been through or are going through, then Siena’s new Clinical Mental Health Program will be perfect for you. We keep a passionate focus on releasing the resilient spirit in humanity.”

— Jennifer Ermiger, Psy.D., LLP, LLPC
Assistant Director of Counselor Education

CAREER OPPORTUNITIES
Our Counseling graduates are professional counselors in:

- mental health clinics
- substance abuse clinics
- state/county agencies
- corporations
- residential youth facilities
- alternative schools
- hospitals
- hospices
- crisis centers
- homeless shelters
- churches
- missions
- domestic violence centers
- vocational centers
- child welfare agencies
- group homes
- colleges/universities
- probation offices
- correctional facilities
- private practice

SIENA HEIGHTS UNIVERSITY
ADRIAN, MICHIGAN

QUESTIONS?
BETSY BROOKS, ASSISTANT DIRECTOR
Graduate and Professional Enrollment
1247 East Siena Heights Drive
Adrian, MI 49221
Phone: 517-264-7662
Email: graduatecollege@sienaheights.edu
Inquire online at start.sienaheights.edu
CLINICAL MENTAL HEALTH COUNSELING CURRICULUM

Degree Requirements: 60 semester hours
CMH 620 Foundations of Clinical Mental Health
CMH 623 Psychology Over the Lifespan
CMH 626 Relationship Building Skills
CMH 629 Counseling Theories and Procedures
CMH 632 Ethical and Legal Issues in Counseling
CMH 635 Group Procedures in Counseling
CMH 638 Counseling Diverse Populations
CMH 641 Career Development
CMH 644 Analysis and Appraisal
CMH 647 Psychopathology and Resilience
CMH 650 Diagnosis and Psychopharmacology
CMH 653 Prevention/Intervention with Adults
CMH 656 Prevention/Intervention with Children
CMH 659 Neuroscience, Hope and the Spirit
CMH 662 Advanced Evaluation/Conceptualization
CMH 665 Consulting Theory and Practice
CMH 602 Research and Professional Writing

Counseling Field Experiences
CMH 680 Counseling Field Practicum
CMH 682 Counseling Internship

Counseling Electives (students may take 3 hours)
CMH 670 Addictions Counseling
CMH 671 Family Counseling
CMH 672 Relationship Counseling
CMH 673 Counseling Women
CMH 674 Counseling Men
CMH 675 Counseling in Criminal Justice
CMH 676 Group Leadership Laboratory
CMH 698 Special Topics: Global Setting
CMH 699 Special Topics
GRS 601 History and Philosophy of Ideas
CMH 694 Thesis/Project Seminar

Completion of the Master of Arts degree in Clinical Mental Health Counseling leads to the Limited Licensed Professional Counselor (LLPC) credential in the State of Michigan. Achieving the status of a licensed professional counselor (LPC) is dependent on successful completion of both 3000 post-graduate supervised clock hours and the National Counselor Exam (NCE).

“With my degree from Siena Heights, I have been able to reach many goals in my life. It should always be a priority to work with and for the people, encouraging growth, wellness and inspiration, not only to those we provide service, but for each other and ourselves as well... I think Siena stimulates creativity in students, and perhaps it was the drawing card to the profession.”

— Carol Boulanger Daniels ’93 M.A., LPC
Outpatient Therapist
Pines Behavioral Health Services • Coldwater, MI
2011 American Mental Health Counseling Association Counselor of the Year

HOW TO APPLY TO THE GRADUATE COLLEGE:

1. Submit the following documents:
   - Completed Online Application
   - Current Resume
   - Application Essay
   - All Post-Secondary Transcripts
   - Three Recommendation Forms
   - Conviction Disclosure Form

2. Minimum 3.0 grade point average required for full admission. Probationary admission may be considered.

3. Applicants meeting selection criteria (strong writing sample and letters of recommendation, relevant work experience, etc.) will be invited to a personal admissions interview.

STILL HAVE QUESTIONS?
We’re here to help.
Call: 517-264-7662
Email: graduatecollege@sienaheights.edu
Inquire online at start.sienaheights.edu

TRANSFORMATIVE: That’s the one word our graduates use most often to describe their experience in our Clinical Mental Health Counseling program. We aim to help our students become better versions of themselves and to realize their potential to make a difference in the global world.

We help students develop core competencies for effective, ethical counseling. Our students develop scholar-practitioner skills to become masters of continuous professional learning. And, we encourage our students to become more self-aware, resilient and high-functioning persons. We want them to know what Catherine of Siena (the University’s Catholic patroness) meant when she said, “If you are who you should be, you will set the world ablaze.”

We strive to develop a culture of compassion, friendship and positive resiliency within and around our cohorts. Degree plans are structured to allow students to complete the program in approximately 3 years. Courses are 8 weeks in length and are offered on our Adrian, Lansing and Metro Detroit campuses.

ABOUT US
Siena Heights is a Catholic, coeducational university founded in the liberal arts tradition by the Adrian Dominican Sisters in 1919. Graduate education is an integral part of Siena's mission: to assist people to become more competent, purposeful, and ethical. The Graduate College mission of integrating theory into practice challenges individuals to identify, refine and achieve their personal goals, and to articulate a personal philosophy of life. This school is authorized under Federal law to enroll nonimmigrant students.