SIENA HEIGHTS UNIVERSITY
PSYCHOLOGY

Expand your knowledge
Psychology
THEORY / RESEARCH / PRACTICE

The goal of the Psychology major at Siena Heights University is to develop caring, analytical, and ethical individuals with a solid knowledge of the numerous and dynamic forces influencing human behavior. Additionally, students develop strong oral and written communication skills and the ability to work effectively with variety of populations.

To accomplish these goals, the Psychology major provides students with a quality education that integrates theory, research and practice. Our multi-component approach makes us unique from other psychology programs. The theoretical component provides a foundation in developmental, personality, social, and learning theories. In the research component students design and implement a research project related to future career goals. The practice or applied component provides students with a one-semester internship where they work in a community agency using skills learned in the classroom. Students develop clarity about future career interests and strengthen their skills in helping others through their internship activities.

The knowledge and ability acquired in the classroom and through the internship, prepares students for employment or admission into graduate school. Many of our students continue on to complete advanced degrees in psychology. Our graduates report that the knowledge obtained from each of the program’s components were critical in securing employment after graduation and/or gaining admission into graduate school.

Career Opportunities

At Siena Heights University, students are prepared with the necessary skills and training to obtain employment with their Bachelor’s degree in psychology. Employers find that psychology graduates possess great “people skills”, research/methodology, analytical and writing skills that are relevant in a variety of careers such as:

- Mental Health Counselor
- Employee Relations Officer
- Child Development Specialist
- Social Research Analyst
- Adoption Coordinator
- Geriatric Aide
- Education Specialist
- Wellness Program Director
- Art and Activity Therapist
- Community Agency Director
- Family and Child Advocate
- Student Development Leader
- Corrections Officer
- Grief Therapist
- Psychiatric Aide
- Youth Caseworker
My education and training were truly put into practice during my internship experience. In fact, I was so well prepared for the field that my internship site offered me full-time employment!

“I will always remember the personal attention that I received at SHU. The professors and instructors in the Psychology Department genuinely cared about my personal and professional development.”

— Jill Orick ’04
Monroe Community Mental Health Authority

Internship Opportunities

Internships, cooperative work experiences and volunteer activities play a pivotal role in the psychology program. While gaining hands-on experience, students can use the internship to test out the many areas of psychology. Students have the opportunity to choose their internship site and work with a population of their choice. Students spend approximately 150 hours per semester working in these agencies. Many students enjoy their internships so much that when they are offered a job at their site, due to their knowledge, skills and experience, they stay with that organization.

Internship opportunities include:

• Adrian Dominican Services
• Adrian Head Start
• American Heart Association
• American Red Cross
• Bixby Medical Center
• Boysville
• Catholic Charities
• Crisis Hot Line
• Department on Aging
• Dominican Life Center
• Department of Human Services
• Community Mental Health
• Domestic Violence Center
• Family Counseling and
• Children Services
• Lutheran Nursing Home
• Ozone House
• Monroe Youth Center
• Michigan Rehab Services
• Sage Center for Substance Abuse

Psi Chi National Honor Society

The Psi Chi National Honor Society in Psychology and the Psychology Club at Siena Heights University provide students with additional opportunities to participate in service projects and scholarly activities outside the classroom.
## Graduate College

Graduate education is an integral part of Siena’s mission: to assist people to become more competent, purposeful and ethical. Graduate College challenges individuals to identify, refine and achieve their personal goals, and to articulate a personal philosophy of life. All in the context of its mission of integrating theory into practice. Siena Heights offers a Master of Arts in Counselor Education, Education, and Leadership as well as a Specialist of Arts in Education Leadership.

For more information visit our website at www.graduatecollege.sienaheights.edu, call us at 877.438.1596, or email us at graduatecollege@sienaheights.edu.

## Accreditation

Siena Heights University is a Catholic, co-educational university founded in the liberal arts tradition by the Adrian Dominican Congregation in 1919. The main campus in Adrian enrolls about 1,200 students in full-time and part-time study leading to associate’s, bachelor’s and master’s degrees.

For more information about the Psychology program at Siena Heights University please call the admissions office at (800) 521-0009, or email us at admissions@sienaheights.edu.

www.sienaheights.edu

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**BACHELOR OF ARTS DEGREE MAJOR**

### PSYCHOLOGY REQUIREMENTS

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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<tbody>
<tr>
<td>PSY 111*</td>
<td>Introduction to Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 230*</td>
<td>Developmental Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 270*</td>
<td>Research Methods</td>
<td>3</td>
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<td>PSY 340*</td>
<td>Social Psychology</td>
<td>3</td>
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<td>PSY 350*</td>
<td>Abnormal Psychology</td>
<td>3</td>
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<tr>
<td>PSY 360*</td>
<td>Counseling Techniques and Practice</td>
<td>3</td>
</tr>
<tr>
<td>PSY 382*</td>
<td>Psychology Internship</td>
<td>3</td>
</tr>
<tr>
<td>PSY 390*</td>
<td>History and Systems of Psychology</td>
<td>3</td>
</tr>
<tr>
<td>PSY 395*</td>
<td>Junior Seminar</td>
<td>3</td>
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<tr>
<td>PSY 440*</td>
<td>Personality</td>
<td>3</td>
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<td>PSY 445*</td>
<td>Research in Psychology</td>
<td>3</td>
</tr>
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<td>PSY 450*</td>
<td>Learning and Memory</td>
<td>3</td>
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<tr>
<td>PSY 495*</td>
<td>Senior Seminar</td>
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<tr>
<td>PSY ___*</td>
<td>Approved Electives</td>
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Total for Major 45 semester hours

### REQUIRED COGNATES

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<tr>
<td>MAT 143**</td>
<td>Statistics and Society OR</td>
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<tr>
<td>MAT 174**</td>
<td>Data Analysis and Statistics</td>
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Total for Major 3 semester hours

### RECOMMENDED COGNATES

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<tr>
<td>PSY 241</td>
<td>Child and Adolescent Psychology</td>
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<tr>
<td>PSY 260</td>
<td>Adult Development and Aging</td>
<td>3</td>
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<tr>
<td>PSY 380</td>
<td>Human Sexuality</td>
<td>3</td>
</tr>
<tr>
<td>PSY 391</td>
<td>Cross-Cultural Counseling</td>
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<tr>
<td>ENG 212</td>
<td>Research</td>
<td>3</td>
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<tr>
<td>MAT 244</td>
<td>Statistical Analysis and Design</td>
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<tr>
<td>SOC 111</td>
<td>Introduction to Sociology OR</td>
<td>3</td>
</tr>
<tr>
<td>SOC 113</td>
<td>Cultural Anthropology</td>
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Total for Major 48 semester hours

**NOTE:**

* Before taking this course, be sure that you have fulfilled the prerequisite(s). Please see the course description for the prerequisite(s).

# May be double counted toward major and Liberal Arts Requirements.

**Liberal Arts Requirements:** 32 -34 semester hours

**General Electives:** 38 - 40 semester hours

**Total for Degree:** 120 semester hours